



THE SOCIAL BLUEPRINT

# CARER ASSISTANCE

**Source: Services Australia**

**<https://www.servicesaustralia.gov.au/mental-health-care-and-medicare?context=60092#caring>**

Caring for someone with a mental health issue can be challenging emotionally and financially. Centrelink offers support through:

- **Carer Payment** - an income support payment if you give constant care to someone
- **Carer Supplement** - an extra yearly payment for some carers
- **Carer Adjustment Payment** - a one-off payment for carers of children under 7 with severe illness or major disability.