



THE SOCIAL BLUEPRINT

# Cost of Living Toolkit

## FINANCIAL HEALTH CHECKLIST

# CHECK LIST

**Have you done your financial health check?**

- Electricity
- Gas
- Water
- Telephone
- Insurance
- Streaming Services
- Bank Accounts
- Medical Plans and Schemes
- Government concessions available
- Mortgage

# FINANCIAL HEALTH CHECK

Contact all your service providers and ask them if you are on the **best plan** and if they can give you a better rate than your current plan. It never hurts to ask.

Recent examples of savings simply because we asked:

- \$1,200 off annual gas and electricity bills
- \$150 off each cars annual insurance for a family with 4 cars
- \$15 off petrol by simply locking in a rate on the 7-Eleven app

# HARDSHIP

If you are experiencing hardship we have listed each provider's specific contact details under the different topics. Don't be scared to ask. They have dedicated customer service liaisons to help you.

Some **reasons for hardship** may include:

- Family death
- unemployment
- family illness
- reduced income
- domestic & family violence
- natural disaster

**Note:** each provider is different and may have other inclusions and options.



FACEBOOK  
[thesocialblueprintinc](#)



LINKEDIN  
[the-social-blueprint-inc](#)



INSTAGRAM  
[thesocialblueprintinc](#)



YOUTUBE  
[thesocialblueprint](#)



WEBSITE

[TheSocialBlueprint.org.au](#)

EMAIL ADDRESS

[hello@thesocialblueprint.org.au](mailto:hello@thesocialblueprint.org.au)